



Llanbedr to Blaenafon Fell Race

Registration

Blaenafon Rugby Club – 10.30am to 11.15am GR 257008

Start

Llanbedr Village (limited parking) Midday GR 240203

CHECKPOINTS

- 1. Summit Crug Mawr GR 262227**
- 2. Stile off Open Fell GR 257213**
- 3. Path Junction on back of Sugar Loaf GR 253189**
- 4. Summit Sugar Loaf GR 273188**
- 5. Llanfoist Drink Station GR 286133**
**This station closes at 3.15pm. Competitors
arriving after this cut-off will be asked to retire.**
- 6. Summit of the Bloreng GR 270119**
- 7. Finish Blaenafon Rugby Club GR 257008**