

16TH LLANBEDR TO BLAENAVON FELL RACE 1995

POS	NAME	CRUG MAWR	SUGAR LOAF	BLORENGE	TOTAL
1	Mark Palmer	24-00	*	1-47-30	2-05-37
2	Nigel Jenkins	23-52	*	1-48-30	2-06-34
3	Julian Bass	23-57	*	1-49-30	2-07-52
4	Anthony Kay	24-25	1-05	1-54-40	2-13-22
5	Peter Pollitt	24-55	1-06	1-56-35	2-17-19
6	Adrian Orringe V	26-31	1-08	2-02-00	2-20-43
7	Martin Green	26-05	1-09	2-01-58	2-21-36
8	Mike Parker V	26-54	1-09	2-03 15	2-22-24
9	Tom Gibbs	27-25	1-09	2-03-00	2-23-11
10	Tim Laney	24-55	1-04	1-59-00	2-24-11
11	Derek Green	25-35	1-07	2-04-00	2-24-31
12	Lyndon Gwillym L	26-22	1-09	2-04-15	2-25-40
13	Martin Lucas V	27-25	1-12	2-10-00	2-29-28
14	John Darby V	26-31	1-12	2-09-58	2-29-46
15	Alwyn Nixon V	29-06	1-16	2-11-05	2-30-07
16	Nigel Jones V	28-48	1-15	2-11-59	2-31-09
17	Rob Barry	26-54	1-11	2-08-20	2-31-12
18	Chris Gildersleve	28-48	1-14	2-14-40	2-34-54
19	Chris Kelsey	29-32	1-15	2-14-05	2-36-03
20	Neil Hindle V	28-23	1-15	2-14-20	2-36-18
21	Clive Pritchard V	29-06	1-16	2-16-14	2-37-53
22	Brian Martin SV	29-23	1-16	2-16-00	2-38-07
23	Sharon Woods F	-	1-20	2-18-55	2-38-55
24=	Stewart Bondi V	29-45	1-18	2-18-55	2-39-24
24=	Dave Thompson	29-44	1-18	2-18-59	2-39-24
26	Roy Silver	29-45	1-16	2-18-00	2-39-41
27	Dave Maskeil	29-36	1-20	2-24-42	2-46-20
28	Ciaran McGrath V	30-45	1-19	2-23-30	2-46-28
29	Mark Lloyd	29-45	1-20	2-22-50	2-46-34
30	Karlle Preest	30-08	1-18	2-21-30	2-46-40
31	Dick Finch SV	30-45	1-21	2-26-30	2-47-27
32	Alwyn Thomas V	29-06	1-17	2-21-00	2-47-43
33	Phil Bowater V	28-48	1-15	2-20-25	2-47-48
34	Eric Meredith SV	29-45	1-20	2-26-30	2-47-52
35	Bruce Bridgestock	29-17	1-18	2-25-40	2-47-58
36	Robin Barlow V	30-18	1-19	2-25-42	2-48-35
37	Graham Jones V	31-15	1-22	2-27-43	2-49-10
38	Graham Cheshire V	30-28	1-20	2-26-18	2-49-23
39	Garry Jones	24-55	1-07	2-20-40	2-51-05
40	Darren Stevens	30-28	1-19	2-26-30	2-56-38
41=	Gwesyn Davies	30-28	1-21	2-32-00	2-57-11
41=	Sean Carney	30-28	1-21	2-31-45	2-57-11
43	Gareth Evans V	32-15	1-24	2-36-15	3-00-03
44	Chris White	30-28	1-22	2-35-58	3-00-32
45	Michael Hourahan V	31-57	1-23	2-36-25	3-00-52
46	Philip Pearce V	33-20	1-28	2-40-13	3-03-35
47	Derek Gwillym SV	31-15	1-25	2-40-18	3-05-02
48=	Kelvin Hussey	31-52	1-25	2-45-47	3-11-27
48=	Jeff Keen	34-07	1-29	2-45-47	3-11-27
50	John Evans V	32-45	1-26	2-46-16	3-11-36
51	Roger Canavan SV	32-45	1-28	2-39-42	3-12-00
52	Pete Farman SV	34-41	1-30	2-49-35	3-13-54
53	N.Gildersleve	34-41	1-29	2-46-15	3-16-43
54	Les Pugh V	34-59	1-33	2-51-10	3-19-35
55	David Chisman V	34-38	1-35	3-09-00	3-39-16
56=	Gareth Buffett V	39-00	1-52	3-25-10	3-57-55
56=	Tony French SV	41-30	1-44	3-17-50	3-57-5
58=	Tony Winn V	38-02	1-42	3-33-36	4-06-44
58=	Ingle Corbett V	41-30	1-42	3-33-36	4-06-44
60	Andrew Darby	23-46	1-04	rtd	
61	Philip Johnston	40-57	2-05	rtd	

* Unfortunately ,this marshall got his timing wrong and arrived to see the first runners go past.

TEAM TROPHY- MDC

to see the first runners go past.

TEAM TROPHY- MDC

Dear Competitors,

Wow! 61 entries and not even a championship year, a vvery pleasing increase. I altered the route for two reasons:-

1. Because there is a new landowner in the valley, and whilst I am sure he would have given us permission to use the old route, I felt it was a good opportunity to try a route using, almost exclusively, public rights of way.

2. I personally don't like crawling up through the steep heather I much prefer being able to run, after all the sport is fell running and not mountain scrambling.

The show of hands at the prizegiving seemed to suggest that the majority of you approved. So we shall use the same route next year.

From the times and comments it looks as though its a good mile longer as most people were 10 minutes off their usual times.

I must just mention the problem of actually going to the summits. I never felt I'd climbed a mountain unless I had touched or at times stood on top of the trig point. Some people it seems do not share my view. Not only is it cheating but if the marshall fails to record your number and you subsequently get into trouble- we would look for you in the area before the checkpoint you missed. So please in the interests of safety and fairplay, please visit the checkpoints properly. The marshalls it seems managed to get most of the numbers so unfortunately I cannot identify the offenders this year.

Enough, I trust you all had a good day enjoying both the weather and the views. Our next race is Coity Race- 5 miles on the ~~JUNE~~ evening of 21st. Register Blaenavon Leisure Centre 7pm for 7-30pm start nearby. Hope to see you then.

Gareth Buffett.