

Llanbedr to Blaenafon Results 2014

| Position | Time | Name | Category | Club | |
|-----------------|-------------|------------------|-----------------|-------------------------|----------|
| 1 | 2.10.44 | Hugh Aggleton | SM | MDC | 1st |
| 2 | 2.17.33 | Mark Palmer | MV50 | Mynydd Du | 2nd |
| 3 | 2.19.09 | Chris Jones | SM | MDC | 3rd |
| 4 | 2.28.54 | Ed Bailey | SM | | |
| 5 | 2.29.36 | Martin Humphreys | SM | Stroud AC | |
| 6 | 2.30.24 | James Blore | SM | Chepstow Harriers | |
| 7 | 2.20.25 | Stewart Bellamy | MV40 | Mercia Fellrunners | 1st MV40 |
| 8 | 2.33.18 | Richard Roberts | SM | Eryri | |
| 9 | 2.33.52 | Ben Gibbison | SM | Mynydd Du | |
| 10 | 2.34.23 | Richard Johnson | MV40 | Mynydd Du | |
| 11 | 2.38.31 | Steve Long | MV50 | Tring Running Club | 1st MV50 |
| 12 | 2.39.42 | Dave Powell | MV50 | Aberystwyth AC | |
| 13 | 2.39.44 | Tom Grady | SM | | |
| 14 | 2.40.03 | Matthew Lawson | MV40 | Chepstow Harriers | |
| 15 | 2.40.56 | Hannah Jarvis | SF | Mynydd Du | 1st F |
| 16 | 2.45.22 | Owen Rees | SM | | |
| 17 | 2.45.39 | Jack Scannell | MV40 | Eryri | |
| 18 | 2.45.47 | Sam Hawking | SM | Celtic Tri | |
| 19 | 2.45.04 | Carwyn Phillips | MV40 | Preseli Runners | |
| 20 | 2.46.05 | Sam Ryall | MV40 | Pontypridd Roadents | |
| 21 | 2.46.08 | John Aggleton | MV50 | MDC | |
| 22 | 2.46.25 | Bertie Goffe | SM | | |
| 23 | 2.47.30 | Dave Austin | MV40 | Chepstow Harriers | |
| 24 | 2.47.37 | Andy Broad | MV40 | Hay Hot Footers | |
| 25 | 2.51.06 | Katie Roby | SF | MDC | 2nd F |
| 26 | 2.51.17 | Simon Lewis | MV40 | Parc Bryn Bach | |
| 27 | 2.51.46 | Ray Morgan | SM | Mynydd Du | |
| 28 | 2.51.58 | Rob Thomson | SM | WFRA | |
| 29 | 2.51.59 | Jim Masters | SM | Wye Valley | |
| 30 | 2.52.01 | Anna Bartlett | FV40 | Mercia Fellrunners | 3rd F |
| 31 | 2.52.04 | Vanessa Lawson | FV40 | Chepstow Harriers | 1st FV40 |
| 32 | 2.52.18 | Chris Smallman | MV50 | Mercia Fellrunners | |
| 33 | 2.52.21 | Samuel Burnage | MV40 | Malvern Joggers | |
| 34 | 2.52.37 | Ian Andrews | MV40 | South West Road Runners | |
| 35 | 2.54.22 | Gavin Brale | SM | Llswerry Runners | |
| 36 | 2.55.20 | David Wood | MV40 | Dursley Running Club | |
| 37 | 2.55.44 | Chris Morgan | SM | Caerleon Runners | |
| 38 | 3.00.35 | Gary Pearson | MV40 | Croft Amberley | |
| 39 | 3.01.00 | Peter Sowerby | MV50 | Brecon AC | |
| 40 | 3.01.09 | Mark English | MV40 | Llswerry Runners | |
| 41 | 3.02.23 | Peter G Williams | MV50 | MDC | |
| 42 | 3.02.80 | Jeremy Jehan | MV40 | Wye Valley | |
| 43 | 3.03.20 | Lyndon Gwilym | MV50 | Fairwater Runners | |
| 44 | 3.03.26 | Andrew Clement | MV40 | | |
| 45 | 3.03.59 | Paul Tucker | MV40 | | |
| 46 | 3.04.18 | Tony Wooldridge | MV60 | Dursley Running Club | 1st MV60 |
| 47 | 3.04.40 | Steve Libby | MV50 | Swaledale Outdoors | |
| 48 | 3.06.26 | Emma Bayliss | SF | Mynydd Du | |

| Position | Time | Name | Category | Club | |
|-----------------|-------------|----------------------|-----------------|------------------------------|----------|
| 49 | 3.07.17 | Laurence Wilson | MV40 | Malvern Joggers | |
| 50 | 3.07.29 | David Powlesland | SM | MDC | |
| 51 | 3.07.31 | Edward Dickson | SM | MDC | |
| 52 | 3.10.04 | Andy Stott | MV50 | MDC | |
| 53 | 3.10.31 | Stephen Morgan | MV40 | Fairwater Runners | |
| 54 | 3.11.20 | Phil Hodgson | MV50 | Todmorden Harriers | |
| 55 | 3.13.08 | Tim Osman | MV50 | Crocodiles | |
| 56 | 3.13.09 | James Murphy | MV40 | | |
| 57 | 3.13.18 | Sammi Toop | SF | Mynydd Du | |
| 58 | 3.14.28 | Jodie Broad | SF | Hay Hot Footers | |
| 59 | 3.16.28 | Sasha Habgood | FV40 | Mynydd Du | |
| 60 | 3.19.25 | Owain Wood | SM | | |
| 61 | 3.20.41 | David Hayward | MV60 | Chepstow Harriers | |
| 62 | 3.21.45 | Nigel Lawrence | MV40 | Parc Bryn Bach | |
| 63 | 3.22.21 | Les Williams | MV60 | Eryri | |
| 64 | 3.24.44 | David Higenbottom | MV40 | Town & Country Harriers | |
| 65 | 3.26.11 | Paul Newton | SM | Mynydd Du | |
| 66 | 3.26.39 | Keith Langley | MV50 | Pontypool & District Runners | |
| 67 | 3.29.23 | Carl Brancher | MV50 | Mynydd Du | |
| 68 | 3.30.05 | Richard Bowie | MV50 | Fairwater Runners | |
| 69 | 3.31.13 | Gary Gunner | MV60 | Croft Amberley | |
| 70 | 3.36.44 | Keith Knights | SM | Westbury Harriers | |
| 71 | 3.37.06 | Rebecca Poole | SF | Fairwater Runners | |
| 72 | 3.37.10 | Lucien Campbell-Kemp | MV40 | Town & Country Harriers | |
| 73 | 3.44.56 | Louise Bright | SF | Pontypool & District Runners | |
| 74 | 3.45.01 | Jonathan Gledson | MV40 | Town & Country Harriers | |
| 75 | 3.45.02 | Alex Foster | MV40 | Town & Country Harriers | |
| 76 | 3.51.21 | Liz Noakes | FV50 | Town & Country Harriers | 1st FV50 |
| 77 | 3.51.21 | Emma Postlethwaite | FV40 | Town & Country Harriers | |
| 78 | 3.57.23 | Peter Fleming | MV50 | | |
| 79 | 3.59.51 | Karen Elvers | FV40 | Chepstow Harriers | |
| 80 | 3.59.51 | Gareth Jones | MV60 | MDC | |
| 81 | 4.00.43 | Michael Brooke | MV60 | | |
| 82 | 4.24.40 | Sam Edwards | MV50 | Town & Country Harriers | |
| 83 | 4.25.00 | Phil Wilson | MV50 | | |
| 84 | 4.27.00 | Nadine Donovan | FV40 | Pontypool & District Runners | |